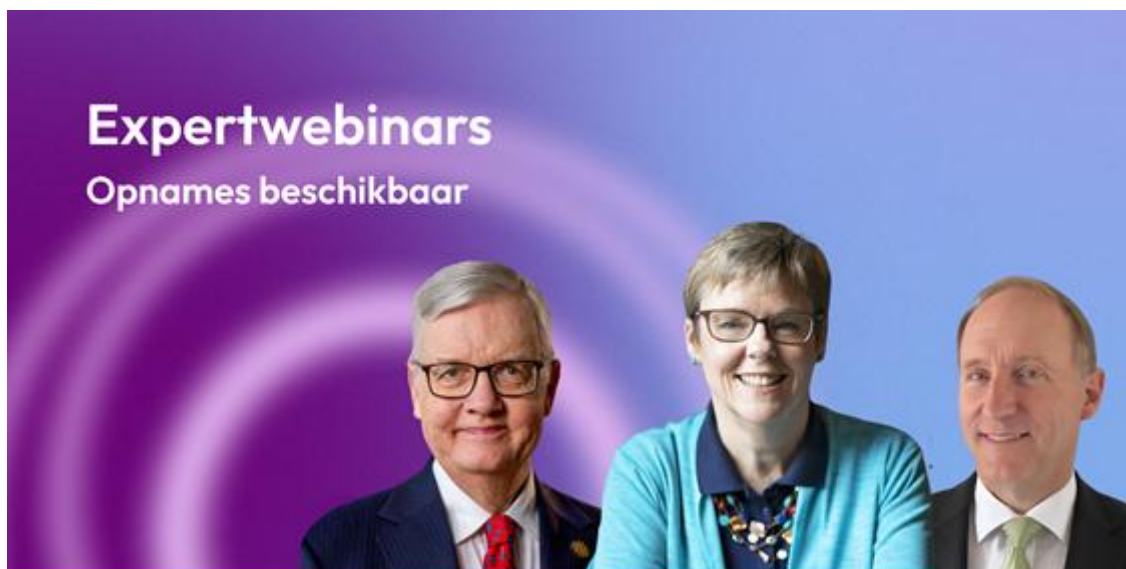


# Webinarserie met top-experts



## Ontdek de kracht van Mind Body bij aanhoudende (pijn)klachten

Stichting Emovere presenteerde in het voorjaar van 2025 een unieke webinarserie met drie internationale pioniers in de mindbody-aanpak van onbegrepen aanhoudende (pijn)klachten.

De expertwebinars met **Dr. David Clarke, Georgie Oldfield en Dr. Mark Lumley** hebben velen geraakt en in beweging gebracht. Op verzoek zijn deze webinars nu beschikbaar gemaakt om te bekijken, los of in één verdiepend pakket.

Drie krachtige sessies waarin we samen met deze ervaren sprekers de diepte ingaan op thema's die raken – lichaam, emoties, herstel en bewustwording.

### Wat je kunt verwachten:

- Verdieping op de mind-body connectie
- Praktische handvatten voor herstel
- Persoonlijke verhalen én professionele expertise
- Levenslang toegang tot de opnames, gewoon thuis op de bank

### Meer informatie over de experts:

**Dr. David D. Clarke, MD** is President of the Association for Treatment of Neuroplastic Symptoms (ATNS), Assistant Director at the Center for Ethics and Clinical Assistant Professor of Gastroenterology Emeritus at Oregon Health & Science University in Portland, Oregon, USA.



He is board-certified in Gastroenterology and Internal Medicine and has treated over 7000 patients whose symptoms were not explained by disease or injury but rather by stress or trauma.

His book for patients “They Can’t Find Anything Wrong!” was praised by a president of the American Psychosomatic Society as “truly remarkable.”

He has also edited two textbooks on neuroplastic symptoms, co-produced three documentary films, lectures across North America and Europe and has done hundreds of interviews for TV, Radio, and podcasts.

For more information, have a look at the new website of the Association for Treatment of Neuroplastic Symptoms (ATNS), [www.symptomatic.me](http://www.symptomatic.me), previously known as the PsychoPhysiologic Disorders Association (PPDA).

**Georgie Oldfield MCSP** is a UK Physiotherapist who initially specialised in Respiratory Care. Over the years she gained experience working with patients with varied conditions, including musculoskeletal, neurological, and auto-immune conditions.



Coming across Dr Sarno and visiting him in 2007 was an epiphany for Georgie, completely changing her professional life, as well as her own health. After starting out by working with her own patients, Georgie felt the calling to do more to raise awareness of this life-changing concept and approach. As a result of this, she set up SIRPA in 2010 as a training organisation for health professionals and coaches.

Thus creating the first training in this field and providing a strong community of practitioners. In 2024, SIRPA launched an exciting, new 3-part online course. In 2011, Georgie also launched SIRPA’s first online recovery programme, which was completely redeveloped in 2022, and in 2014 she published her book, “Chronic Pain: Your Key to recovery”. Since 2015, [SIRPA](http://SIRPA) has also organised and hosted international conferences in London. Georgie was invited to give a TEDx talk, spoke at numerous events and was interviewed as a Specialist on the Tonight programme on ITV in the UK, about chronic pain.

**Dr. Mark A. Lumley** is a Distinguished Professor at Wayne State University in Detroit, United States, where he is also a licensed clinical psychologist.



He is internationally renowned for his groundbreaking research that links stress, emotional processes, and chronic pain. He is an international leader on the topic of alexithymia and the technique of expressive writing, or emotional disclosure. As the co-developer of Emotional Awareness and Expression Therapy (EAET) together with Dr. Howard Schubiner, and a contributor to Pain Reprocessing Therapy (PRT), Dr. Lumley has demonstrated the potential for recovery from chronic pain by addressing

unresolved emotional conflicts or traumas and fearful beliefs.

His research, including many clinical trials on a variety of pain problems, has been instrumental in advancing the treatment of pain, rather than just its management. Dr. Lumley is also a dedicated mentor, guiding nearly 50 students to the Ph.D.

For more information, please see: <https://clasprofiles.wayne.edu/profile/aa5664>